

## **DANCE/GYMNASTICS WEEKLY PLANNER:**

	<b>DAY 1 (THE INGREDIENTS)</b>	<b>DAY 2 (THE PREPARATION)</b>	<b>DAY 3 (PUTTING EVERYTHING TOGETHER)</b>	<b>DAY 4 (FINAL TOUCH UPS)</b>	<b>DAY 5 (PERFORMANCE DAY)</b>
8:30 AM	PARENT DROP OFF	PARENT DROP OFF	PARENT DROP OFF	PARENT DROP OFF	PARENT DROP OFF
9:00 AM	TAC PROGRESS REPORT INTRO + GROUP RULES	CALM MORNING GROUP BONDING	CALM MORNING GROUP BONDING	CALM MORNING GROUP BONDING	CALM MORNING GROUP BONDING
9:30 AM	ICE BREAKER GAMES	MAKING OF CROWNS FOR THE DANCE	FORMING OF GROUPS AND CHOREOGRAPHY BRAINSTORMING	CALM GROUP GAMES	1st SONG COMPLETE REVIEW (ANY WORRIES RECTIFIED HERE)
10:00 AM	CHOOSING 2 SONGS	REVIEW OF BASIC STEPS	BIG GROUP CHOREOGRAPHY IDEA SHARING	1st SONG 30s ENTIRE CHOREOGRAPHY REVIEW	2nd SONG COMPLETE REVIEW (ANY WORRIES RECTIFIED HERE)
10:30 AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
11:00 AM	INTRO TO BASIC STEPS	1st SONG 20s COACH CHOREOGRAPHY	1st SONG 20s COACH CHOREOGRAPHY REVIEW	1st SONG SOLO/DUO PERFORMANCE GROUP FORMING AND PRACTICE	1st SONG PERFORMANCE
11:20 AM	GALLOPS + SKIPS PRACTICE	1st SONG 20s COACH CHOREOGRAPHY	1st SONG LAST 10s STUDENT CHOREOGRAPHY	1st SONG SOLO/DUO PERFORMANCE PRACTICE	2nd SONG PERFORMANCE
11:40 AM	SPARKLE JUMPS + CHASSÉ PRACTICE	1st SONG 20s COACH CHOREOGRAPHY	1st SONG LAST 10s STUDENT CHOREOGRAPHY	1st SONG COMPLETE REVIEW	CONTINUED
11:55 AM	HALF DAY PICK UP	HALF DAY PICK UP	HALF DAY PICK UP	HALF DAY PICK UP	HALF DAY PICK UP
12:00 PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
12:30 PM	CALM GROUP GAMES	CALM GROUP GAMES	CALM GROUP GAMES	CALM GROUP GAMES	CALM GROUP GAMES
1:00 PM	INTRO TO BASIC TECHNIQUE	REVIEW OF BASIC TECHNIQUE	2nd SONG 10s COACH CHOREOGRAPHY REVIEW	2nd SONG 30s ENTIRE CHOREOGRAPHY REVIEW	BIG CAMP ACTIVITY
1:20 PM	POINTED TOES + STRONG ARMS + POSTURE PRACTICE	2nd SONG 10s COACH CHOREOGRAPHY	2nd SONG LAST 10s STUDENT CHOREOGRAPHY	2nd SONG SOLO/DUO PERFORMANCE GROUP FORMING AND PRACTICE	GROUP REVIEW OF PERFORMANCE (ANY WORRIES RECTIFIED HERE)
1:50 PM	1st SONG 10s COACH CHOREOGRAPHY	2nd SONG 10s COACH CHOREOGRAPHY	2nd SONG LAST 10s STUDENT CHOREOGRAPHY	2nd SONG SOLO/DUO PERFORMANCE PRACTICE	FUN WORRY-FREE ARTS AND CRAFTS
2:30 PM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
3:00 PM	2nd SONG 10s COACH CHOREOGRAPHY	MAKING OF POSTER ANNOUNCING DANCE PERFORMANCE (AS A GROUP)	GROUP BRAINSTORM FOR COSTUMES AND OTHER CREATIVE ADDITIONS	2nd SONG COMPLETE REVIEW	1st SONG PERFORMANCE
3:30 PM	GROUP STRETCHING	GROUP STRETCHING	GROUP STRETCHING	GROUP STRETCHING	2nd SONG PERFORMANCE
4:00 PM	PARENT PICK UP	PARENT PICK UP	PARENT PICK UP	PARENT PICK UP	PARENT PICK UP

